



TOOLBOX TALK



TOPIC DISCUSSED:

ARRIVE ALIVE



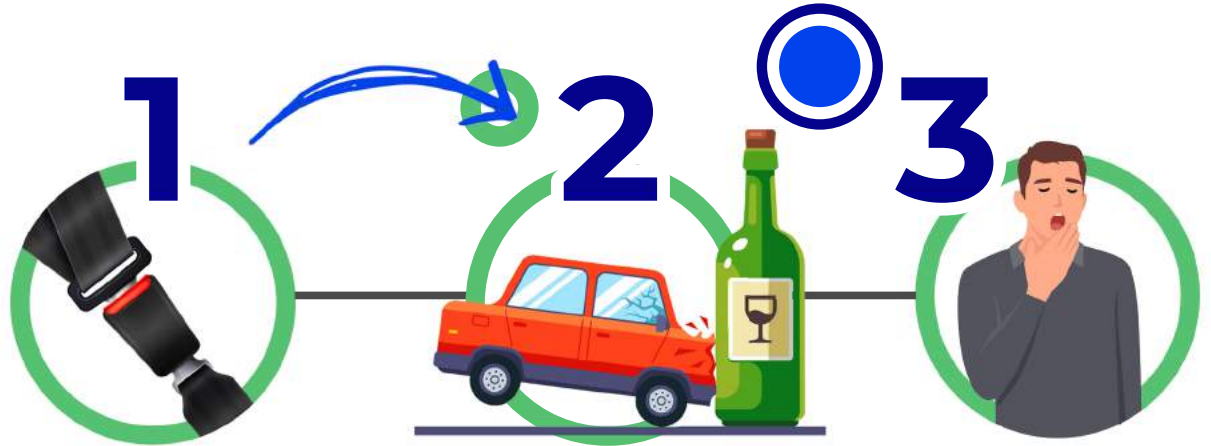
Every builders break towards Christmas; many nationally are driving home from different destinations or taking a holiday trip. Because of the long drive, people turn to break the rules of traffic act and try to spice a bit by drinking intoxicating beverages, speeding to cut the time, overlooking road signs to arrive quicker.



QUESTIONS:

1. Why is it important to wear a seatbelt?
2. Explain why driving under the influence is dangerous.
3. True or False - It is safe to drive while tired and ignore the speed limits.

5 RECOMENDATIONS



1 ALWAYS WEAR YOUR SEAT BELT

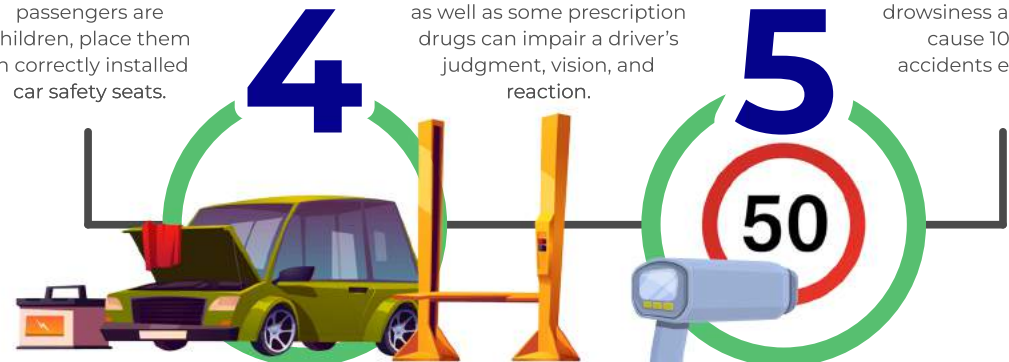
Wearing seat belts can increase your chance of survival in an accident. If your passengers are children, place them in correctly installed car safety seats.

2 DON'T DRIVE UNDER THE INFLUENCE

Each year 23,000 people die in drinking and driving-related accidents. Drinking alcoholic beverages as well as some prescription drugs can impair a driver's judgment, vision, and reaction.

3 DON'T DRIVE IF YOU ARE TIRED

The National Highway Traffic Safety Administration estimates that driver drowsiness and fatigue cause 100,000 accidents each year.



4 MAINTAIN YOUR VEHICLE

Check the tires, brakes, headlights, taillights, and turn signals all work properly.

5 OBEY THE SPEED LIMIT

maintain a safe driving distance between you and the car in front of you, especially when driving in bad weather conditions and darkness.



